Polish Taekwondo Federation

21, Popieluszki Str; Warsaw 01-975 POLAND
phone: +48 22 840 45 57; fax. +48 22 891 13 25
e-mail: office@pztaekwondo.pl

www.pztaekwondo.pl

PATRONAGE

Polish Ministry of Sports and Toursim

Polish Olympic Committee

South Korea Embassy

1. DATE **October 8th – 10th , 2010**

2. ORGANIZER **Polish Taekwondo Federation**

01-905 Warsaw, 7, Ks. J. Popieluszki street
Tel. +48 22 840 45 57, +48 515 068 678
Fax. +48 22 891 13 25

www.pztaekwondo.pl **www.pztaekwondo.pl/polish.open** email: biuro@pztaekwondo.pl

3. PLACE **Sports hall SIENNICKA,** 40 Siennicka str, **Warsaw**

4. CATEGORY

Seniors, 17 years old and older (1993 and older). Contestants with min. 2 geup.

Saturday, 9th of October:

Men:	**58 kg; 68 kg; 80 kg; +87 kg**
Women:	**49 kg; 57 kg; 67 kg; +73 kg**

Sunday, 10th of October:

Men:	**54 kg; 63 kg; 74 kg; 87 kg**
Women:	**46 kg; 53 kg; 62 kg; 73 kg**

In competition will take part Korean Team from MuJu University!

5. COMPETITION RULES

Teams and contestants must hold license recognized by their own national federation, registered in ETU and WTF. Contestants must be insured. Organizer will not face consequences in case of unfortunate accidents. **Dae-do EBP will be used.**

6. FEES

Entry fee for participation amounts to 20,- EURO per contestant.

7. ENTRY

Official registration can be made through:
www.pztaekwondo.pl/polish.open **www.pztaekwondo.pl/system** .

8. REGISTRATION AND WEIGHT IN:

Friday, 8th of October 2010 from 15.00 till 19.00 PM.
MARRIOTT Hotel Warsaw, 65, Aleje Jerozolimskie st.

21, Popieluszki Str; Warsaw 01-975 POLAND
phone: +48 22 840 45 57; fax. +48 22 891 13 25
e-mail: office@pztaekwondo.pl

9. TIMETABLE

Friday	**8.10. 2010**	
	- 15.00-19.00	- registration and weight in at Hotel MARRIOTT, Warsaw, 65, Aleje Jerozolimskie st.
Saturday	**9.10.2010**	
	- 9.00	- qualifications in part categories
	- 16.00	- opening ceremony, finals
Sunday	**10.10.2010**	
	- 9.00	- qualifications and finals in rest of categories
Monday	**11.10.2010**	- departure of teams

10. ACCOMODATION

Hotel	Address	Price per room with breakfast	Deadline for reservation
Hotel Marriott***** 4 km from sports hall	Warsaw, 65, Aleje Jerozolimskie st www.hotelmarriott.pl	Double room 80 Euro Single room 90 Euro	reservation till 22nd of September
Password to make reservation in this special prices you can get in Polish Taekwondo Federation Office. After reservation deadline all reservation for Teams should be made within your own.			

11. Visa

If you need a Visa for Poland, ask the Polish Taekwondo Federation for the official Invitation letter. It is advised to arrange the VISA in time. You can send your request for assistance to: biuro@pztaekwondo.pl

12. Transport

Provided by the organizer between the airport Warsaw Okecie and the official hotel and between the official hotel and the sport hall in the morning and in the evening in Saturday and Sunday.

13. Invoicing

An invoice with the entry fee, accommodations costs ordered, will be given to you before the payment. The invoice must be paid at the tournament before registration, failure to do so means that you will not be allowed to participate. All payments must be done by money transfer:

Polski Związek Taekwondo Olimpijskiego
Polish Taekwondo Federation
00 – 707 Warszawa
ul . Ku Wiśle 7
IBAN: PL86 1160 2202 0000 0000 2764 3189
BIC/S.W.I.F.T.: BIGBPLWXXX

We are looking forward to seeing you in Poland! PTF Office