10th DUTCH OPEN POOMSAE
CHAMPIONSHIPS 2010

1. ORGANIZATION

1.1 Promoter : **Taekwondo Bond Nederland (Dutch Taekwondo Federation)**

1.2 President: **Mr. Fred Buitenhuis**

1.3 Board members :
Mr. K. Schunken
Mrs. M. Muskens
Mr. M. Berghout
Mr. R. Gajadhar

1.4 Information :
Executive event manager
Mr. Rakesh Gajadhar
Dutch Taekwondo Federation
Tel. : +31-78 6150560 (17.00-22.00 hrs local time)
Fax : +31-78 6150560
Mobile : +31-614126969
E-mail : **r.gajadhar@taekwondobond.nl**
Webpage : **www.taekwondobond.nl**

1.5 Referee Director: **Mr. Mustapha Moutarazak** (IPR),
E-mail: **m.moutarazak@hotmail.com**

2. PLACE AND DATE

2.1 Place: **Nijmegen, The Netherlands**
Sporthal "Jan Massinkhal"
Nieuwe Dukenburgseweg 5, Nijmegen
The Netherlands
Tel. +31 24 3564260

2.2 Date: **Saturday, May 8th 2010**

3. CONTESTANTS

3.1 Membership Participants must be a member of a national Taekwondo federation, affiliated to the WTF. This membership must be proved by means of a valid federal certificate of membership at the registration.

3.2 Graduation **A -cat: 1st Dan/poom and higher.**
B –cat: 6th Geup until 1st Geup.

The age categories are based on the year of birth. For example, if someone is 18 years old on the day of competition and he/she is still to become 19 years, then he/she will participate in the category of the seniors 19 until 30 years.

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3.3 Categories A-Class

Competitors must wear full WTF uniform, females must wear a white t-shirt.
One (1) day before taegeuks/poomsae will be published on the TBN site: www.taekwondobond.nl.

1st round: 2 taegeuks/poomsae (1st Compulsory Poomsae table).
2nd round: 2 taegeuks/poomsae (2nd Compulsory Poomsae table).
3rd round (finale): 2 taegeuks/poomsae (2nd Compulsory Poomsae table).

2 taegeuk/poomsaes with1 minute pause. For each taegeuk/poomsae one point will be given (each taegeuk/poomsae is judged separately and the points will be announced immediately after the taegeuk/poomsae.

Table Individual class A

Division	**Table A- class from 1st Dan/Poom and higher**	
	1st Compulsory poomsae	**2nd Compulsory poomsae**
Aspirant 11 – 13 year	**Taeguek 4, 5, 6, 7 Jang**	**Taegeuk 8 Jang, Koryo, Keumgang, Taeback**
Junior 14 – 18 year		
1st Senior 19 – 30 year	**Taeguek 6, 7, 8 Jang, Koryo**	**Keumgang, Taeback, Pyongwon, Shipjin**
2nd Senior 31 – 40 year		
1st Masters 41 – 50 year	**Taeguek 8 Jang, Koryo, keumgang, Taeback**	**Pyongwon, Shipjin, Jitae, Chonkwon**
2nd Masters 51 year or higher	**Koryo, Keumgang, Taeback, Pyongwon**	**Shipjin, Jitae, Hansu, Chonkwon**

Table Pair (1 male and 1 female) **& Teams** (3 male or 3 female) **class A**

Division	**Table A- class from 1st Dan/Poom and higher**	
	1st Compulsory poomsae	**2nd Compulsory poomsae**
Pair Aspirant 11 – 13 year	**Taeguek 6, 7, 8 Jang, Koryo**	**Keumgang, Taeback, Pyongwon, Shipjin**
1st Pair 14 – 35 year	**Taeguek 6, 7, 8 Jang, Koryo**	**Keumgang, Taeback, Pyongwon, Shipjin**
2nd Pair 36 year or higher	**Taeguek 8 Jang, Koryo, keumgang, Taeback**	**Pyongwon, Shipjin, Jitae, Cheonkwon**
Team Aspirant 11 – 13 year	**Taeguek 6, 7, 8 Jang, Koryo**	**Keumgang, Taeback, Pyongwon, Shipjin**
1st Team 14 – 35 year	**Taeguek 6, 7, 8 Jang, Koryo**	**Keumgang, Taeback, Pyongwon, Shipjin**
2nd Team 36 year or higher	**Taeguek 8 Jang, Koryo, keumgang, Taeback**	**Pyongwon, Shipjin, Jitae, Chonkwon**

All compulsory Poomsaes for the (1st ; 2nd and Final round for A-Cat.) will be announced 1 day before the competition on the site: www.taekwondobond.nl

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3.4 Categories B-Class

Competitors must wear full WTF uniform, females must wear a white t-shirt.

Taegeuks is chosen by the competitor but may **not** be **repeated**

1st round: **1 taegeuks** (1st Compulsory Poomsae table)
2nd round: **1 taegeuks** (2nd Compulsory Poomsae table)
3rd round (finale): **1 taegeuks** (2nd Compulsory Poomsae table)

Table Individual class B

	Table B –cat: 6th Geup until 1st Geup.	
	1st Compulsory poomsae **1x Free choose for the 1st round !!!**	**2nd Compulsory poomsae** **1x Free choose for the 2nd and Final round !!!**
Aspirant 11 – 13 year	**Taeguek 1, 2, 3, 4 jang**	**Taeguek 1, 2, 3, 4 jang** **Taegeuk 5, 6, 7, 8 jang**
Junior 14 – 18 year		
1st Senior 19 – 30 year		
2nd Senior 31 – 40 year		
1st Masters 41 – 50 year		
2nd Masters 51 year or higher		

Table Pair (1 male and 1 female) **& Teams** (3 male or 3 female) **class B**

	Table B –cat: 6th Geup until 1st Geup.	
	1st Compulsory poomsae **1x Free choose for the 1st round !!!**	**2nd Compulsory poomsae** **1x Free choose for the 2nd and Final round !!!**
Pair Aspirant 11 – 13 year	**Taeguek 1, 2, 3, 4 jang**	**Taeguek 1, 2, 3, 4 jang** **Taegeuk 5, 6, 7, 8 jang**
1st Pair 14 – 35 year		
2nd Pair 36 year or higher		
Team Aspirant 11 – 13 year		
1st Team 14 – 35 year		
2nd Team 36 year or higher		

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4. RULES

4.1 Competition Rules: WTF / TBN competition rules

4.2 Forms: Taegeuk and higher WTF / Kukkiwon poomsae

4.3 Mode:

1) Athletes shall be allowed to competitors in more divisions:
Individual Division, Team Division, Pair Division.

2) Cut-off system

1st round: all competitors **(+18 competitors)**

2nd round: at least 50% of the competitors **(9- 17)** (including participants with equal scores) (possibility for extra rounds in case of equal scores to qualify for the finals)

3rd round: maximum of **8 competitors** (highest scores) can qualify for this round

4th round: after equal score: between 1 – 2 – 3 – 4 ranking

3) B-Cat.: taegeuks is chosen by the competitor but may not be **repeated**.
A-Cat.: one (1) day before taegeuks/poomsae will be published on the TBN site

4) All compulsory Poomsaes will be announced 1 day before the competition on the site: www.taekwondobond.nl

4.4 Doping Control: Some contestants chosen at random will be tested.
The list of prohibited products will be equal to the list of the IOC.

4.5 Awards: To all winners of 1st, 2nd and 3rd place, cups will be awarded.

4.6 Hall Rules: Only the competitors and their coaches have admittance with their registration cards to the contest areas. **2 coaches per team/club have free admission**.
A head of team is granted free admission only for national teams.

4.7 Protest: Must be made by the **official coach** within 10 minutes of the end of the contest to the Head Judging Coordinator. Protest fee is € 150,- .

4.8 Liability: All competitors participate at their own risk. The organizers or the TBN shall accept responsibility for any damages, injuries or losses sustained or incurred.

5. ENTRY

5.1 Applications : By means of enclosed application form. To be sent to the
Event Manager
Mr. Rakesh Gajadhar
Esdoornlaan 57
NL-3355 CG Papendrecht, The Netherlands
Tel. : +31-78 6150560 (17.00-22.00 hrs local time)
Fax : +31-78 6150560
Mobile : +31-614126969
Website : www.tkddutchopen.com
E-mail : **r.gajadhar@taekwondobond.nl**

5.2 Modifications: For all modifications that are to be made after the deadline of **May 1st** an administration fee of € 10,- will be charged.
To be paid cash at the registration.

Only modifications made by fax or e –mail will be accepted.
After the official registration no further modifications can be made.

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5.3 Entry Fee:

A –individual (1)	€ 20,-	B –individual (1)	€ 15,-
A –pairs (2)	€ 25,-	B –pairs (2)	€ 20,-
A –teams (3)	€ 35,-	B –teams (3)	€ 25,-

Entry fees must be paid by bank in advance:

Name: TAEKWONDO BOND NEDERLAND
Place: Nieuwegein, The Netherlands
IBAN code: IBAN: NL70INGB0004857490
SWIFT/BIC: INGBNL2A

FOR DUTCH COMPETITORS: girorekening 4857490

5.4 Deadline: **Entry close by internet May 1st 2010**

5.5 Visa: The Ministry of Foreign Affairs of The Netherlands advises that those participants who need visa for entry into The Netherlands should apply for visa at least one (1) month before arrival in The Netherlands, i.c. before May 2010.
Information you need to help getting the visa:
1) Passport number of participants and coaches
2) Date of birth of participants and coaches
3) Fax number of the Dutch embassy in your country
4) Dutch Open Technical application filled out with full names.
5) Period of the stayment in the Netherlands for the hotel booking

In case you need support from the Dutch Taekwondo Federation, please contact Tournament Director **Mr. Rakesh Gajadhar**
E-mail: **r.gajadhar@taekwondobond.nl**

6. HOTEL ACCOMMODATIONS

6.1 Charges: Accommodation charges for room and boarding of the competitors and team officials shall be borne by themselves.

6.2 Hotel: **www.hotels.nl/nijmegen** **and** **www.bookings.nl/city/nl/nijmegen.nl** **www.bastionhotels.nl/hotel/hotels-nijmegen.php** **and** **www.scandic-hotels.com**

7. TRANSPORTATION

Round trip airfare of the participants and team officials shall be borne by themselves.

8. INTERNATIONAL POOMSAE REFEREES

Invitations of participating International Poomsae Referee Judges will be made by the Poomsae Referee Director of the Dutch Taekwondo Federation.

Accommodation and full board from Friday 7th till Saturday 8th of May 2010 will be born by the Organizing Committee.
International Poomsae referees will receive an allowance according to the rules TBN.

Poomsae Referee Director: Mr. Mustapha Moutarazak
E-mail: **m.moutarazak@hotmail.com**

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9. SPECTATORS:

Spectators : € 5,-

10. OTHERS

10.1 Video recording: Recording within the competition area is not allowed.
Recording from the public stands is only allowed for handy cam-type cameras.

10.2 Internet: You may find all information about the Dutch Open Poomsae Championships
2010 at our website: **www.taekwondobond.nl**

11. TIME TABLE

Saturday 8th May:

08.00 - 09.00 hrs: **registration for B-division** competitors at the Sport Hall.
09.15 - 09.30 hrs: opening ceremony.
09.30 - 13.00 hrs: contests B-division afterwards awarding ceremony
12.00 - 13.00 hrs: **registration for A-division** competitors at the Sport Hall.
13.00 - 13.45 hrs: lunch break
14.00 - 18.00 hrs: contests A-division.
18.30 - 19.00 hrs: awarding ceremony.

The detailed time schedule will be available at the registration

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APPLICATION FORM <u>B- CATEGORY</u> DUTCH OPEN POOMSAE 2010

1TH May 2010

TAEKWONDO BOND NEDERLAND

Name club: .....

Address: ..... ZIPCode…….....

City:..... Name coach: .....Phone number coach……..

Signature:..... Date: .....

Individual B- category

Nr	Name	Sexe M/F	Geup	1st round: 1st Compulsory table 1 Free Poomsae	2nd round: 2nd Compulsory table 1 Free Poomsae	Final round: 2nd Compulsory table 1 Free Poomsae	Age on the year 2010	Fee
1								
2								
3								
4								
5								
6								
7								
8								
9								
10								

SUBTOTAL INDIVIDUAL: € _____

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Synchroonteam 1 B- category

	Name	Sexe M/F	Geup	Age on the year 2010	1st round 1st Compulsory table 1 Free Poomsae	2nd round: 2nd Compulsory table 1 Free Poomsae	Final round: 2nd Compulsory table 1 Free Poomsae	Fee
1								
2								
3								

Synchroonteam 2 B- category

	Name	Sexe M/F	Geup	Age on the year 2010	1st round 1st Compulsory table 1 Free Poomsae	2nd round: 2nd Compulsory table 1 Free Poomsae	Final round: 2nd Compulsory table 1 Free Poomsae	Fee
1								
2								
3								

Synchroonteam 3 B- category

	Name	Sexe M/F	Geup	Age on the year 2010	1st round 1st Compulsory table 1 Free Poomsae	2nd round: 2nd Compulsory table 1 Free Poomsae	Final round: 2nd Compulsory table 1 Free Poomsae	Fee
1								
2								
3								

Subtotal Synchroonteam € _____

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Pair 1 B- category

	Name	Sexe M/F	Geup	Age on the year 2010	1st round 1st Compulsory table 1 Free Poomsae	2nd round: 2nd Compulsory table 1 Free Poomsae	Final round: 2nd Compulsory table 1 Free Poomsae	Fee
1								
2								

Pair 2 B- category

	Name	Sexe M/F	Geup	Age on the year 2010	1st round 1st Compulsory table 1 Free Poomsae	2nd round: 2nd Compulsory table 1 Free Poomsae	Final round: 2nd Compulsory table 1 Free Poomsae	Fee
1								
2								

Pair 3 B- category

	Name	Sexe M/F	Geup	Age on the year 2010	1st round 1st Compulsory table 1 Free Poomsae	2nd round: 2nd Compulsory table 1 Free Poomsae	Final round: 2nd Compulsory table 1 Free Poomsae	Fee
1								
2								

Subtotal pairs € _____

TOTAL FEES € _____

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APPLICATION FORM <u>A- CATEGORY</u> DUTCH OPEN POOMSAE 2010

1TH May 2010

Name club: .....

Address: ..... ZIPCode…….....

City:..... Name coach: .....Phone number coach……

Signature:..... Date: .....

TAEKWONDO BOND NEDERLAND

Individual A- category

Nr	Name	Sexe M/F	Dan/ poom/	Age on the year 2010	Fee
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

SUBTOTAL INDIVIDUAL: € _____

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Synchroonteam 1

	Name	SEXE M/F	Dan/ poom	Age on the year 2010	Fee
1					
2					
3					

Synchroonteam 2

	Name	SEXE M/F	Dan/ poom	Age on the year 2010	Fee
1					
2					
3					

Synchroonteam 3

	Name	SEXE M/F	Dan/ poom	Age on the year 2010	Fee
1					
2					
3					

Subtotal Synchroonteam € _____

Pair 1

	Name	SEXE M/F	Dan/ poom	Age on the year 2010	Fee
1					
2					

Pair 2

	Name	SEXE M/F	Dan/ poom	Age on the year 2010	Fee
1					
2					

Pair 3

	Name	SEXE M/F	Dan/ poom	Age on the year 2010	Fee
1					
2					

Subtotal pairs **€ _____**

TOTAL FEES **€ _____**

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